

Padnell Post



"Education is what remains after one has forgotten what one has learned in school."

17th January 2025. Spring Term No 2



Whole School Dinner Day

Thank you for supporting school with this day. Apologies for the ongoing issues with the options. Roof repairs are in the pipeline and then the equipment in this area can be safely used again.



PIPSA Bake Sale

Don't forget to bring some money on Monday, 20th January for PIPSA's Bake Sale.

There will be delicious delights (with a full list of ingredients), available to buy after school in the Padnell Produce gazebo. Allergies will be provided for too thanks to our PIPSA team.



Beat the Blues

The above bake sale is timetabled to coincide with 'Blue Monday' to help spread a bit of happiness. This date is informally known as the most miserable day of the year where more people file for divorce, find themselves in receipt of bills from Christmas over-spending and indeed may feel desperate and that life has all got too much for them.

To spread a bit of cheer the school councillors will be accompanying myself and Mrs Young into the local area with flowers. Mrs Luker and the junior choir I believe will

also be by the new planters on the parade of Cowplain shops singing to spread some joy and positivity. Do pop along to see them.

Low Mood Parent Workshop

The Mental Health Support team are offering a digital workshop 'Understanding and Supporting your child with Low Mood'.

The workshop will be mostly informative, with some optional opportunities for discussion, input, and questions via the digital chat function. You will not need to have your video-camera or microphone on for the workshop. The workshop aims to upskill parents and carers to understand low mood and depression, the signs, and symptoms of this in young people, and provide some simple skills and strategies for you to take away and use to support your young person who may be struggling with their mood.

This terms workshop will take place on the 24th January 2025 (11.30am until 1pm) and the Zoom details to share with parents/carers who you feel may benefit from attending the workshop are as follows:

Date: Friday 24th January 2025

Time: 11.30am until 1pm

Duration: 1.5 hours

Location: Zoom Webinar, details below:

MHST South-East is inviting you to a scheduled Zoom meeting.

Topic: **Understanding and Supporting your Child with Low Mood Parent/Carer Workshop**

Join Zoom Meeting

<https://eu01web.zoom.us/j/68735612073?pwd=EsRtTOismewqyhbptblxb3vxTtCheG.1>

Meeting ID: 687 3561 2073

Passcode: 861452

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"Education is what remains after one has forgotten what one has learned in school."

Kind Regards,

Mrs Mandy Grayson
Headteacher



Giving Citizen
Resilient Learner
Original thinker
Wise Worker

Diary Dates 2024 - 2025

Date	Event	Year Group	Info
Monday 20th January	Beat the Blues Day		
Monday 20th January	PIPSA Cake Bake		
Tuesday 11th February	Internet Safety Day		
Thursday 13th February	Wear a Scarf Day		All children to wear a scarf to school
Thursday 13th February	Sponsored Bounce		Sponsored Event for Child Epilepsy
Thursday 13th February	Last Day of Term		
Friday 14th February	INSET Day		
Monday 17th to Friday 21st February	Half Term		School Closed
Monday 24th February	Return to School		



Parent Hub with our Parent Partner

Wednesday, Thursday & Friday
8.40am – 10am

Help & Advice on sleep, eating, behaviour, support, relationships.

Food bank info, community events.

Pre-loved Uniform, Coat Swap

Coffee and Chat

**Stay and play for little ones
every Wednesday**